

...MAKE IT ONE TO REMEMBER
...NOT ONE TO FORGET

SCHOOLIES Week 06

WWW.SCHOOLIESWEEK.COM.AU

Come in it's
OPEN

Welcome to Schoolies Week 2005
Queensland Health is proud to continue its association with Schoolies Week 2005 For over ten years we have been providing advice and information to young people who plan to attend Schoolies Week. This year we have information on legal rights, accommodation and health and safety issues, as well as tips on how to party safely.

I urge you to take a little time to read this booklet before you go to Schoolies Week. The information in here and the website will help you to make Schoolies 2005 "One to remember not one to forget"

Take care and have fun

Hon Gordon Nuttall MP
Minister for Health

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THIS BOOKLET CONTAINS HELPFUL HINTS AND ADVICE
TO HELP YOU AND YOUR FRIENDS MAKE SCHOOLIES A
...WEEK TO REMEMBER
- NOT ONE TO FORGET

ACKNOWLEDGEMENTS

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make it one to remember

www.schooliesweek.com.au

GET SET FOR SCHOOLIES

BEFORE YOU GET THERE

- Shop around and **compare prices** of different accommodation providers and check to see if a bond is required, as not every provider charges one.
- People renting holiday apartments for short periods are not usually asked to pay a security bond. An agent or property owner can only ask for a bond if every other prospective guest is also asked for one.
- If you do have to pay a bond, make sure you **get a receipt** and an indication from the agent, owner or booking agency when it will be returned to you and how any disputes will be resolved.
- Ensure the accommodation **'house rules'** suit you as many buildings require that you obey specific rules. Minimise the surprises when you arrive.
- Ask for a copy of the **accommodation contract** from the accommodation provider (not just the booking agency), and check that **terms and conditions** are acceptable before arriving at Schoolies.

VILLA DE FUN

- **Share accommodation** is a Schoolies tradition and if you are planning to share with friends, discuss costs and accommodation house rules before you go. It's a good idea to collect everyone's contributions towards rent and food in advance, and put the money into a special purpose bank account. You don't want to be left with the bill.
- **If you change or cancel your booking**, you may be charged a fee or lose your deposit. Make sure you check the booking **terms and conditions**.
- **If the agent or owner cancels your booking**, you should receive **all your money back** because they have failed to fulfil your accommodation contract. If you are transferred to inferior accommodation different to your original booking, you should receive compensation equivalent to the difference in accommodation standards.



DAMAGE CONTROL

Know what your bond can be revoked for. If you find yourself in trouble at the place you are staying make sure you first check your responsibilities under the booking terms and conditions, house rules and/or accommodation agreement.

If you accidentally cause any damage to your apartment, remember you are liable for any repair or replacement costs.

Inspect the apartment carefully when you arrive and report any damage immediately so that you can't be blamed for it later. Also ask the agent or owner to inspect the apartment before you go.

If there is a problem during or after your stay - try and work with the manager or booking agency to reach an agreement. Accommodation agents must have a complaint handling process in place, and you should immediately lodge a complaint in writing if you feel you have been treated unfairly. Remember **courtesy and good manners** go a long way to soothing a situation.

To get advice on accommodation issues contact the Office of Fair Trading on **13 13 04** or visit www.fairtrading.qld.gov.au



Queensland Government
Department of Tourism, Fair Trading and
Wine Industry Development

ALCOHOL & YOU

Heavy Beer Stubbie 375ml
(1.5 standard drinks)

Pre-mix spirit 375 ml
(1.5 standard drinks)

Spirits 30ml
(1 standard drink)

Heavy Beer Pot 285ml
(1 standard drink)

Light beer Schooner 425ml
(1 standard drink)

STANDARD DRINKS GUIDE

THE GENERAL GUIDE FOR LOW RISK DRINKING IS:

FOR MEN:

On average, no more than four standard drinks a day *
And no more than six standard drinks on any one day
One or two alcohol-free days per week.

FOR WOMEN:

On average, no more than two standard drinks a day*
And no more than four standard drinks on any one day
One or two alcohol-free days per week.

**These drinks should be spread over several hours. For example, men should have no more than two standard drinks in the first hour and one per hour after that. Women should have no more than one standard drink per hour. If you are on any sort of medication you should speak to your doctor before drinking any alcohol.*

MYTH:

People who drink too much sometimes try to sober up by:
Having a cold shower
Drinking black coffee
Drinking water
Getting 'fresh air'

FACT:

None of these reduce the amount of alcohol in your blood. Your body can only process one standard drink per hour.

SOME THINGS YOU MAY NOT KNOW ABOUT ALCOHOL:

- ★ Alcohol is a factor in 50% of all drownings.
- ★ Of all adult pedestrians that are killed on Australian roads, 43% had been drinking.
- ★ Over 3,300 14-17 year olds were hospitalised for alcohol-related injury and disease in 1999/2000 in Australia.
- ★ Drinking alcohol greatly increases the chance of injury, no matter what the activity.
- ★ Alcohol is involved in almost half of all sexual assaults committed on women 15 years and over.
- ★ You can die from an alcohol overdose.

SOME TIPS ABOUT ALCOHOL:

- Eat before or while you are drinking.
- Finish one drink before having another.
- Know when you have had enough and stick to your limit.
- Avoid drinking in "rounds" or "shouts".
- Drink a non-alcoholic drink in between alcoholic drinks.
- Watch out for drink spiking.
- Look out for your friends.



Queensland Government
Queensland Health

TOBACCO

Don't bother trying to buy smokes if you are under the age of 18. If you falsely represent yourself as being 18 years old for the purpose of being sold smokes you are breaking the law. Queensland Health enforcement officers are cracking down on retailers who illegally sell tobacco to young people.

Don't buy smokes for your friends who are under 18 years of age. This is breaking the law.

Alcohol and Drug Information Service: 1800 177 833
Kids Help Line: 1800 551 800

If you are foolish enough to attempt to use a false ID, it will be **confiscated** from you. Your correct details will be taken and you will either be fined on the spot or summoned to appear in court.

THE PENALTIES

Found on licensed premises	\$1875
Or an on the spot fine of	\$ 225
In possession of or consuming liquor on licensed premises	\$1875
Or an on the spot fine of	\$ 225
Falsely representing self to be over 18	\$1875
Or an on the spot fine of	\$ 225
Producing another person's ID as your own	\$1875
Or an on the spot fine of	\$ 225
Producing a false ID	\$1875
Or an on the spot fine of	\$ 225
Allowing another person to use your ID	\$3000
Or an on the spot fine of	\$ 375
Defacing an ID	\$3000
Or an on the spot fine of	\$ 300
Making a false ID	\$3000
Or an on the spot fine of	\$ 450
Supplying liquor to a minor	\$3000
Or an on the spot fine of	\$ 600



HOW AND WHERE DO I GET MY 18+ CARD

Complete an application (available from www.transport.qld.gov.au and follow the services online link to forms) and lodge at a Queensland Transport customer service centre (locations available from www.transport.qld.gov.au).

THE ONLY ACCEPTABLE ID IN QUEENSLAND IS ONE OF THE FOLLOWING...

- Driver's Licence
- Government issued proof of age card
- Passport
- Victorian Keypass

Having fake ID or allowing someone else to use your ID is against the law and will result in an on-the-spot fine or court appearance.



Before you go out to a **PARTY or OTHER EVENT** during Schoolies, there are a few important things to remember...

Schoolies 100% pure Party tips

Know where you are staying. This may seem obvious but if you're from out of town and you can't remember the name of your apartments, it might be hard to get home. When you check in to your accommodation, ask for a brochure or card and keep it with you.

You are in control. You are responsible for setting your limits and sticking to them. The choices you make will determine whether your Schoolies Week is one to remember... or one to forget.

Know the phone number for local taxi services. When you're out, it's much easier (and cheaper) to ring directly for a taxi than to try and locate a phone book or spend money dialing directory assistance for the taxi service number. If you have a mobile phone, you could put the taxi service number in your "speed dial" function. That way you'd have it with you all the time.

Make sure you eat. Whether you are attending or hosting a party during Schoolies Week, you need to have a plan that includes food. Eating is important, particularly if you are drinking alcohol. Bring food or eat before the party. The host may not provide enough food for everyone.

Never leave your drink unattended. This includes allowing someone else to make your drink. Drink spiking isn't just putting drugs into someone's drink. It's also giving people double and triple shots of alcohol to make them intoxicated. If you choose to bring alcoholic drinks to a party, it may be safer to drink coolers, beer or other similar drinks. At least you know what you're drinking

enjoy your celebration & remember

ENJOY YOUR CELEBRATION AND REMEMBER

The police are there to make sure everyone has a good time without breaking the law. Those who wreck the good times being had by others are sure to come to the notice of the police.

➤ alcohol

Police can issue on the spot fines for:

Drinking in a public place	\$ 75
Selling liquor to a minor	\$600
Supplying liquor to a minor	\$600

➤ other drugs

- ★ Possession or supply of any illegal drugs can lead to severe penalties
- ★ Supplying others with illegal drugs is a serious criminal offence
- ★ It is an offence to possess cannabis yourself or supply it to someone else
- ★ It is also an offence to have a bong that you have used or is for use to smoke cannabis

Sometimes, things that don't seem to be a big deal can have serious consequences.

If you are **arrested** for an offence, you may be fingerprinted and photographed.

If you are **convicted** of a criminal offence, you could have difficulty getting a job or even be prevented from getting a visa to travel overseas.



FRIENDSHIPS

Friendships are an important part of life. But Schoolies Week can really test a friendship, even ones with years of sharing and laughter behind them. Things like late nights, being together 24/7, meeting new people, peer pressure and drug or alcohol use may cause conflict between you and your friends. Here are some things you can do to work through these issues:

★ Before you go, **agree on some ground rules** with your friends – what behaviour you will/won't tolerate, strategies for safety, plans for the week.

★ You may not like or agree with some of your friend's choices at Schoolies, but it is important not to criticise them behind their backs.

★ If tension starts to build, remember that these are your friends and they have shared important parts of your life, so **give them some space**.

★ People can say nasty, horrible things when they are tired, hungry or stressed, so **don't take things too personally**.

★ Try to resolve conflict by talking it over, when you are both calm, rested and ready to focus on the issue at hand.

★ Tell them how you feel, without blaming or accusing them. Be honest, respectful and assertive (not aggressive or confrontational).

★ Allow the other person to tell you their side of the story. **Be a good listener**, which means not interrupting and really trying to understand their point of view.

★ **Violence is not acceptable at any time.**

★ No matter what happens, it is important to make sure that you and your friends are safe at all times. Even if you're fighting, you'll be safer together than going off on your own.

Relationships Australia

REMEMBER – FRIENDSHIP IS A TWO WAY STREET, IT'S ABOUT GIVE AND TAKE.

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Sexual HEALTH

It's ok to choose not to have sex "If it's not on... it's not on!"

Play safe

Use a condom and water-based lubricant every time you have sex.

For information about sexually transmitted infections, condoms and emergency contraception, contact your local sexual health clinic or a doctor/medical centre.

WHEN IN PARTY MODE,

it's always good to remember a few things:

- let your partner know how you feel about sex
- alcohol and drugs can affect your ability to think clearly and make decisions
- don't be pressured into activity you don't want. If it doesn't feel right, say "No"
- listen when people say "No". It's wrong to put pressure on somebody even if they are your boyfriend or girlfriend.

MOST PEOPLE WHO HAVE A SEXUALLY TRANSMITTED DISEASE (STI) WILL HAVE NO SIGNS OR SYMPTOMS

You should consider a sexual health check:

- if you notice soreness or pain while urinating, or warts or sores in the genital area, or an unusual discharge or smell
- if you have had a new sexual partner recently or if you are starting a new sexual relationship
- if you have had sexual relationships and have never had a sexual health check-up
- if your partner has had other sexual partners
- if you and your partner have ever shared a needle, syringe or any other injecting equipment.

Sexual Health Clinics

Brisbane	3837 5611
Bundaberg	4150 2754
Cairns	4050 6205
Gold Coast	5576 9033
Ipswich	3817 2428
Mackay (Whitsundays)	4968 3919
Mt Isa	4744 4805
Princess Alexandra	3240 5881
Palm Island	4752 5100
Rockhampton	4920 6262
Sunshine Coast	5441 2459
Toowoomba	4616 6446
Townsville	4778 9600

In all other areas, look up your local sexual health clinic in the White Pages.

Queensland Health's website for young people is www.istaysafe.com



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www.schooliesweek.com.au 13

PERSONAL SAFETY

During Schoolies Week, you may socialise with people that you don't know very well, in unfamiliar places, such as parties and public venues. By considering some personal safety strategies your Schoolies Week experience can be both enjoyable and safe.

- We have a right to feel safe all of the time.
- If you're going out, always go with at least one other person.
- Be continuously aware of your surroundings.
- Use confident body language – stand tall with your head up, shoulders back and walk with a purpose.
- If you sense danger or pick up 'bad vibes' from someone or some place – trust your instincts. Leave immediately and go to a place you feel safe.
- Make sure your friends know who you want them to call in an emergency situation (e.g. parents).

PERSISTENT ADMIRER

If someone is paying you unwanted attention, be assertive in telling them to leave you alone. If they persist, you could try the following:

- Move to another area or join a group of people.
- Draw attention to your admirer's unwanted behaviour by telling them in an overly-loud voice to leave you alone and that you are not interested in them.
- Get assistance from a friend or security person.

CONFRONTATIONS

If your friends are having a heated argument, that could result in a physical confrontation or fight, you could try the following:

- Attempt to distract the conflicting parties by involving them in other activities.
- Attempt to place physical distance between the parties involved to allow the situation to 'cool down'.
- Create the impression that someone in authority is coming, e.g. "Here comes the police".
- Inform people in authority (e.g. security, management, police) to gain assistance in defusing the situation.



Queensland Police Service Disclaimer: This publication contains general information in relation to personal safety issues. The Queensland Police Service in providing this information makes no representations nor gives any warranty or guarantee concerning the safety of persons or property.

WHO ARE YOU GOING TO CALL?

WHAT IS CRIME STOPPERS?

It is a free telephone hotline where you can tell someone what you know about any criminal activity.

WHEN CAN I CALL AND WHO WILL ANSWER THE PHONE?

You can call at any time and a police officer will talk to you.

WHAT IF I KNOW SOMETHING BUT I AM TOO FRIGHTENED TO TELL?

You can call the Crime Stoppers number and your information will be treated as confidential, you do not have to give your name or be identified in any way unless you choose to do so. Unless you tell someone, no one will ever know that you contacted Crime Stoppers.

WHAT HAPPENS TO THE INFORMATION I PROVIDE?

Any information you provide will be sent to the appropriate police station and will be investigated further. If your information leads to an arrest, you may be eligible to claim a reward up to \$1000. Your identity can still be protected as you will be given a code number when you provide the information to Crime Stoppers.

CRIME STOPPERS

TELL US WHAT YOU KNOW

NOT WHO YOU ARE.

"No one will ever know"

1800 333 000

www.crimestoppers.com.au



IF YOU NEED POLICE ASSISTANCE DURING SCHOOLIES WHAT SHOULD YOU DO?

If you need urgent help from the police, ambulance or fire brigade **ring 000!**

If you want to report something e.g. theft, then contact the local police.

If you have information about any crime that has been committed or going to occur sometime in the future then call Crime Stoppers on **1800 333 000** (free call) or you can utilise the Email address **crimestoppers@police.qld.gov.au** to provide this information.

1800 333 000

You never know what you're getting

you never know what you're getting

DRUG-ARM - DRUG & ALCOHOL HELPLINE: 1300 656 800
WWW.DRUGARM.COM.AU



MARIJUANA

Pot (marijuana) is a depressant, so did you know it sloooows down your central nervous system?

DID YOU KNOW?

- Mixing pot and drinking alcohol really slows down your reactions, so your driving will be affected
- Pot could be laced with other drugs, like speed or smack, so watch who you accept a joint from

AMPHETAMINES

Speed "you may think you're 10 feet tall and bullet-proof, but you're not" Speed is a stimulant, so it speeds up your central nervous system

DID YOU KNOW?

- You can OD on speed
- Using increases the chance of becoming more aggressive

MDMA

Ecstasy, E, XTC (MDMA) can last for up to 36 hours, and effects may include vomiting, sweating and anxiety.

DID YOU KNOW?

- There have been a number of deaths related to Ecstasy in Australia – many of these were due to dehydration and overheating
- Ecstasy comedowns may trigger depressive episodes or other mental health problems
- You never know what's in a pill -you could be getting speed, tranquilisers, or talcum powder

MIXING DRUGS?

If you're mixing drugs, you have the effects of each drug in your body

MIXING DRUGS INCREASES THE RISKS OF:

- Poor judgment of distance (especially when driving)
- Vomiting everywhere (even when you're kissing)
- Impacting on sex – impotence PLUS poor decisions and instincts
- Sex with somebody whose decision-making ability has been altered by alcohol or other drugs may be dangerous

WHEN YOU'RE NOT IN CONTROL, WHO IS?

AND REMEMBER...

- Alcohol blackouts (when you can't remember things or lose time) aren't cool
- Feeling down and using drugs doesn't mix well
- Watch out for your mates – know what's going on
- You can never really know what you're getting
- Make sure you know how to put someone in the recovery position
- Don't be afraid to call an ambulance 000

talk do I have to to the police?

You have to answer questions regarding your name and address.
But you do not have to answer any other questions the police ask you.

Arrested? Questioned by the police?

These are daunting and confusing experiences that can be even more traumatic if you don't know your legal rights, the law or what is going to happen next.

If you are **under 17** the police should not question you without the presence of a parent, lawyer, an adult friend/relative or (if none of the other options are available) a justice of the peace.

If you're **17 and over**, and being questioned by the police, you are entitled to speak to a friend, relative or lawyer before any questioning takes place and, within reason, have this person present during any questioning.

Before you are questioned by the police or after you've been charged with a criminal offence you should talk to a lawyer about your legal rights and your specific circumstances.

Legal Aid Queensland offers a free legal advice telephone service for young people who are under 17 and for adults as well.

If you need legal help you can call
1300 65 11 88
(for the cost of a local call) and arrange to talk to a lawyer.



SUN PROTECTION IS EASY WHEN YOU KNOW HOW!

FACT

The sun's UV rays are strongest in the middle of the day between 10am – 3pm. Try to minimise your time in the sun during this time.

FACT

Even people with naturally darker skin can develop skin cancer.

FACT

8 out of 10 cancers that are diagnosed in Australia are skin cancers.

FACT

Solariums do not give you a safe tan.

FACT

A tan is a warning your skin has been exposed to too much sun.

FACT

Tans will also speed up your skin's ageing process. Wrinkles, blotchiness and sagging of the skin are all results of sun exposure. Tan regularly and you will definitely experience premature ageing, looking up to 10 years older than you really are.

**...WE ALL KNOW THAT THE SUN CAUSES SKIN CANCER!
BUT REMEMBER... MORE SUN = MORE CHANCES OF GET-
TING SKIN CANCER!**

Who can you contact for more information?
call the Cancer Helpline on 13 11 20 or visit the website
at www.qldcancer.com.au

It's important to remember that sun damage is cumulative and increases your risk of developing skin cancer. So, while you're enjoying yourself at Schoolies Week, take a few simple steps to look after your skin!

YOU DON'T HAVE TO EXPOSE YOURSELF TO BE HOT

To protect your skin from sun damage, take precautions at all times, not just when you are planning to be out in the sun. Any type of sun exposure will induce tanning, burning and skin damage so always remember to protect your skin.

>> HERE ARE SOME HOT TIPS!

Don't spend too long in the sun between 10am and 3pm – that's peak UV time!

Head for the shade – trees, sails, whatever!

Wear clothes that'll protect you from the rays!

Put a hat on – broad-brimmed – that keeps your face, neck and ears from being scorched!

Wear your sunnies so you don't get fried by ultraviolet radiation!

Squirt on sunscreen (SPF30+ of course!) 20 minutes before you head out into the sun and reapply every 2 hours!

SEX YOU DECIDE

...whether to have it
...when to start
...to practise it safely
each time

Safe Sex means protecting yourself and the other person/s by:

- Using contraception to avoid unintended pregnancy
- Using condoms with a water-based lubricant every time you have vaginal, oral or anal sex to help protect you from sexually transmitted infections (STIs)
- Protecting your emotional and physical health

Be prepared; be safe –

If you are not ready for the responsibilities of parenting, use contraception every time you have sex. Think about what method you are going to use and get this sorted out before you have sex.

EMERGENCY CONTRACEPTION-

Emergency contraception (sometimes called the 'morning after pill') can be used by women who are at risk of an unintended pregnancy after sex if:

- Contraception was not used
- Contraception did not work (condom broke or slipped off, diaphragm problem)
- Regular contraceptive pill was missed

Emergency contraception can be used to help prevent unintended pregnancy. It is taken by the female partner and can be obtained from a chemist, general practitioner (GP), sexual health clinic or your local family planning clinic.

Remember emergency contraception is:

- Most effective the earlier it is used after unprotected sex (most effective when used within 24 hours)
- Remains very effective up to 72 hours after unprotected sex (3 days) or may be considered even up to 120 hours (5 days) – check with your pharmacist, GP or local sexual health or family planning clinic

REMEMBER - THE SOONER IT IS USED THE BETTER

Get the facts about sex and contraception
- www.fpq.com.au

- Get your contraception sorted out before Schoolies
- You can talk to a nurse or doctor about it, and consultations are strictly confidential
- Voluntary donation of \$5 or \$10 for a clinic visit

Brisbane	
	(07) 3250 0240
Cairns	
Clinic:	(07) 4051 3788
Education:	(07) 4031 2232
Sexual Assault Service:	(07) 4031 3590
Tablelands	
Education only:	(07) 4096 6376
Townsville	
Clinic:	(07) 4771 2005
Education:	(07) 4772 1462
Rockhampton	
Clinic:	(07) 4927 3999
Education:	(07) 4921 3655
Bundaberg	
Education only:	(07) 4151 1556
Sunshine Coast	
Education only:	(07) 5479 0755
Gold Coast	
Education only:	(07) 5531 2636
Ipswich	
Clinic:	(07) 3281 4088
Education:	(07) 3250 0240
Toowoomba	
Clinic:	(07) 4632 8166
Education:	(07) 4632 8166

CONDOMS
help to protect you from
STI's and
pregnancy!

fpq
Family Planning Queensland
www.fpq.com.au

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what is SEXUAL ASSAULT?

Sexual assault is an act of violence
IT IS A CRIME

Sexual Assault is any sexual behaviour that is unwanted, forced or coerced and where consent is not given or cannot be given. It includes rape, unwanted touching, sexual harassment, leering, threats and exposure. It is uninvited and unwelcome. **No one deserves to be sexually assaulted.**

Sexual violence is NEVER the fault of the victim.

Responsibility for sexual violence ALWAYS rests with the perpetrator.

**For confidential free
support phone:**

Sexual Assault Help Line (24hrs)	1800 010 120
Gold Coast Monday to Friday 9:00am – 5:00pm	5591 1164
Laurel House [Sunshine Coast]	5443 4711
Logan	3808 3299
Ipswich	3812 0138
Brisbane Sexual Assault Service	3636 5206
Brisbane Rape and Incest Survivors Support Centre	3391 2573

Ideas to increase safety

- Listen to what others say - don't just assume.
- Order your own drinks - open them yourself - watch your drinks!
- Know the person/people you are going out with - name, address and school - What are their alcohol and drug habits?
- Set sexual limits. Think about what sex means to you, decide what your sexual limits are and how far you want to go. It's your body and no-one has the right to force, harass or coerce you into doing anything you don't want to do.
- Be assertive and state what you want/don't want and follow this through with clear body language.
- Let your friends know what your intentions are for the day/night and to remind you of these should you drink or take drugs.
- Even if you have chosen to take drugs or alcohol, sexual assault is still a crime.
- Pay your own way - Accepting a shout doesn't mean you owe anybody anything.
- Avoid hanging out with people who are a lot older than you. Hang out with others who share your values.
- Get to know people before giving them a lot of information about you or trusting them.
- Always have your phone charged and money for a cab.
- Never try to convince someone to have sex with you. Respect the rights of other to say "NO".

**YOUR INSTINCTS ARE ALWAYS RIGHT
– LISTEN TO AND TRUST YOUR INTUITION!!**



Sunshine Cooloola
Services Against
Sexual Violence Inc.

www.schooliesweek.com.au

attention moped bandits

Cars and mopeds are a great way to get around during Schoolies Week, but don't get taken for a ride when hiring.

Before hiring and picking up a vehicle:

- **Inspect the vehicle** for existing damage and have all damage noted on the hire contract. This is even more important if it is an older model.
- **Read the contract carefully**, including the fine print, and make sure you understand all of the terms and conditions, especially deposit and insurance information.
- **Ask specifically about third party insurance** and if it's not offered, don't hire! If you have a crash you may

have to pay for damage for years to come. Check for clauses that leave the hirer fully liable for any damage. Damage excess can be up to \$2000 to \$3000, and must be paid following damage, regardless of who is at fault.

- **Be aware** some places may also hold the group jointly responsible for damage to any of the vehicles. This means if six people hire mopeds and only one moped is damaged, all six deposits could be held until the hirer determines the cost of even minor repairs.

- **Don't sign the contract** if there is anything you don't understand or agree with. Shop around as you may find another contract that is more suitable.
- **Make sure your driver's licence** or learner's permit is current.
- **Find out where** you can and cannot drive the vehicle. Some hire vehicles like mopeds may be restricted to a fixed area and a certain number of kilometres.

and they're off

When driving the vehicle, regularly **check the fuel and temperature gauges, oil pressure lights** and be aware of strange noises and warning signs that a mechanical problem might be developing.

If there is a problem, **stop the vehicle** straight away and contact the trader immediately. If you continue to drive, you might be held liable for subsequent damage.

When returning the vehicle, get the trader to **inspect it and record the condition** of the vehicle on the hire contract.

For more advice on your vehicle hire rights, contact the Office of Fair Trading on **13 13 04** or go to **www.fairtrading.qld.gov.au**

ROAD SAFETY



Queensland Government
Queensland Transport
Maritime Safety Queensland

ALCOHOL

Drinking alcohol affects your vision, judgement and coordination. It makes it difficult to safely drive or walk. If you do plan to drink when you go out, leave the car either at home or at the party and catch a taxi, bus, or get a lift with a sober friend.

If you are aged **under 25** and are driving on a learner or provisional licence you must have a **zero** blood and breath alcohol concentration when driving. If you are a learner, driving under supervision, your supervising driver must also have a **zero** blood and breath alcohol concentration. **Over 25s** driving on a learner or provisional licence can have a blood/breath alcohol concentration up to **0.05%**.

REMEMBER
to think before you
get behind the wheel
or into a car.

Don't put your life
in the hands of a
careless driver.

GET AROUND TOWN SAFELY

- You need to be sure the driver of any car you get into is sober. Alcohol and drugs will affect their driving ability and you could be risking your life.
- During the week, take turns to be the designated sober driver, but always decide on whose turn it is **before** you go out.
- Keep enough money for a phone call, taxi or public transport so you will always be able to get home.
- Know where you are staying and how to get there. Visit **www.translink.qld.gov.au** for information on bus, ferry and train timetables.
- Stay on the footpath when walking. If there isn't one, walk on the right hand side of the road towards approaching traffic and as close to the curb as possible. Remember that at night drivers may not be able to see you until it is too late – so wear or carry something bright in colour.
- Cross at pedestrian crossings or traffic lights because that is where drivers will expect to see pedestrians. If there is no marked crossing, cross the road under a street light.
- Never walk alone – walk with a sober friend or in a group.
- Visit **becauseenoughisenough.com** for downloads and information on staying safe on the road.

When boating at schoolies Get your ship together

- .05 applies on the water
- You need a licence to drive a jet ski

Fines apply

For all your boating and jet ski rules go to **www.msq.qld.gov.au**

Let's go shopping

- ★ Always keep your receipts as proof of purchase in case you need to return an item.
- ★ You are only entitled to a refund, exchange or repair when the goods are faulty, damaged, don't match the sample/description or are unfit for their purpose.
- ★ You are entitled to ask for a full or part refund or free repeat service when a service is not of a 'saleable' standard, doesn't match the description/ad/demonstration or does not do the job it is supposed to or perform to standard.
- ★ You are not entitled to a refund if you change your mind, decide you can't afford something or find the same thing cheaper elsewhere.
- ★ Signs or contract terms that state "No refund" or "No refund on sale items" are illegal and designed to mislead consumers. Report these to the Office of Fair Trading.
- ★ Lay-bys are a legally binding contract between you and the shop. You agree to pay installments and the shop agrees to hold the item for you.

For more advice on your shopping rights, contact the Office of Fair Trading on **13 13 04** or go to www.fairtrading.qld.gov.au



Tattoos + BODY PIERCINGS

If you are thinking of getting a tattoo or body piercing, you need to be aware of the risk of being infected with a blood-borne virus such as hepatitis B or C. Both viruses can be spread by the sharing of blood. The risk of infection is high when infected blood comes in contact with a cut, sore or broken skin.

The best way to prevent transmission is to:

- ❌ NEVER share any tattooing or piercing equipment, or jewellery
- ❌ make sure body piercing is only done with sterile (cleaned under clinical conditions) tools by a trained professional
- ❌ make sure tattooing is only done with sterile tools and disposable dye tubes by a trained professional.

By the way, other things you should NEVER share include needles and syringes or other drug injecting equipment (eg. tourniquets, spoons), toothbrushes, razors or other items that may contain small traces of blood.



For more information contact the Hepatitis Council of Queensland on (07) 3236 0612 or Free Call 1800 648 491 (regional/rural).

Things to expect from your tattooist or piercer:

- ❑ a clean and hygienic studio with infection control procedures (eg. hand washing facilities)
- ❑ a registered/certified professional who is happy to answer your questions
- ❑ aftercare information to ensure the tattoo or piercing heals properly and doesn't get infected.

Tips to look after your piercing or tattoo

- ❑ Always wash your hands thoroughly before and after cleaning the piercing or tattoo site.
- ❑ It is recommended that for the first two weeks tattoos are protected from the sun and that you DO NOT go swimming as bacteria in the water may cause an infection.
- ❑ If the site of your tattoo or piercing becomes painful, swollen, extremely red or irritated, make sure you go to a doctor and have it checked.

IF YOU ARE THINKING OF GETTING A TATTOO OR PIERCING, THINK IT THROUGH, GET THE FACTS AND GET IT DONE BY A CERTIFIED PROFESSIONAL.

do you have a **complaint** about a service?



The Commission for Children and Young People and Child Guardian is here for all Queenslanders under 18.

We stand up for the rights, interests and wellbeing of children and young people, particularly those most vulnerable.

We promote and protect the rights of children and young people in care. If you have had contact with the state's child protection system and are concerned about any services you have received, we want to hear from you.

The Commission aims to ensure Queensland has an effective, safe child protection system, where risks to young people are identified and managed.

We consult and listen to you about your concerns, views and wishes, and discuss decisions being made that affect you.

If you have a complaint about a service from a government department, business or community organisation during schoolies, contact the Commission on:

Phone: (07) 3247 5525

Freecall: 1800 688 275 (in Qld)

www.ccypcg.qld.gov.au

wmaster@ccypcg.qld.gov.au

ADVICE FROM PAST SCHOOLIES

Spending a week with people who have different values to you is not much fun. Make sure that you're careful about choosing the friends you will be hanging out with during the week. You really need to agree about things like spending limits, alcohol use and illegal drugs.

Schoolies Week is expensive. You need to save for it because it always costs more than you think it will. Running out of money and going home early is not much fun.

Be careful about leaving the door of your unit open and allowing crowds of people to come and go. Your Schoolies Week could be ruined if your money or other valuables are stolen.

If you're sharing a unit or apartment with a crowd of people, take plenty of toilet paper! It's surprising how much a crowd of people can use!

Make sure your Schoolies Week is filled with happy memories. It's probably the last time you and your friends will ever be together.

Despite all the stories, lots of Schoolies don't drink alcohol at all. If you choose not to drink alcohol on one or more occasions during Schoolies – that's OK.

If you'd like to catch more advice from Schoolies in previous years, ask your teachers about the video **"One to remember..."**.

CHECK OUT THESE SITES FOR MORE INFO

www.goldcoastschoolies.com.au

www.schooliesweek.com.au

These sites will be updated as Schoolies Week approaches, so stay tuned!

Or you can call

Gold Coast Schoolies Hotline – **1300 366 467**

Schoolies Week Infoline – **13 13 14**

"DON'T WAIT UNTIL IT'S TOO LATE BEFORE ASKING FOR HELP"

IF SOMEONE COLLAPSES

Call an ambulance IMMEDIATELY - call triple zero (000)
Stay with the person.

Check to see if they respond to simple commands such as open your eyes or squeeze my hand.

If they are unconscious and breathing, turn them on their side.

If they are not breathing, start mouth to mouth.



IF YOU THINK THEY HAVE OVERDOSED

Call an ambulance and treat as above.

Police don't chase ambulances.

Police don't listen to ambulance radios for overdoses.

Police do not attend overdoses unless called.

www.ambulance.qld.gov.au



Queensland Government

Queensland Health
Department of Tourism, Fair Trading and
Wine Industry Development
Department of Communities
Queensland Transport
Maritime Safety Queensland



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