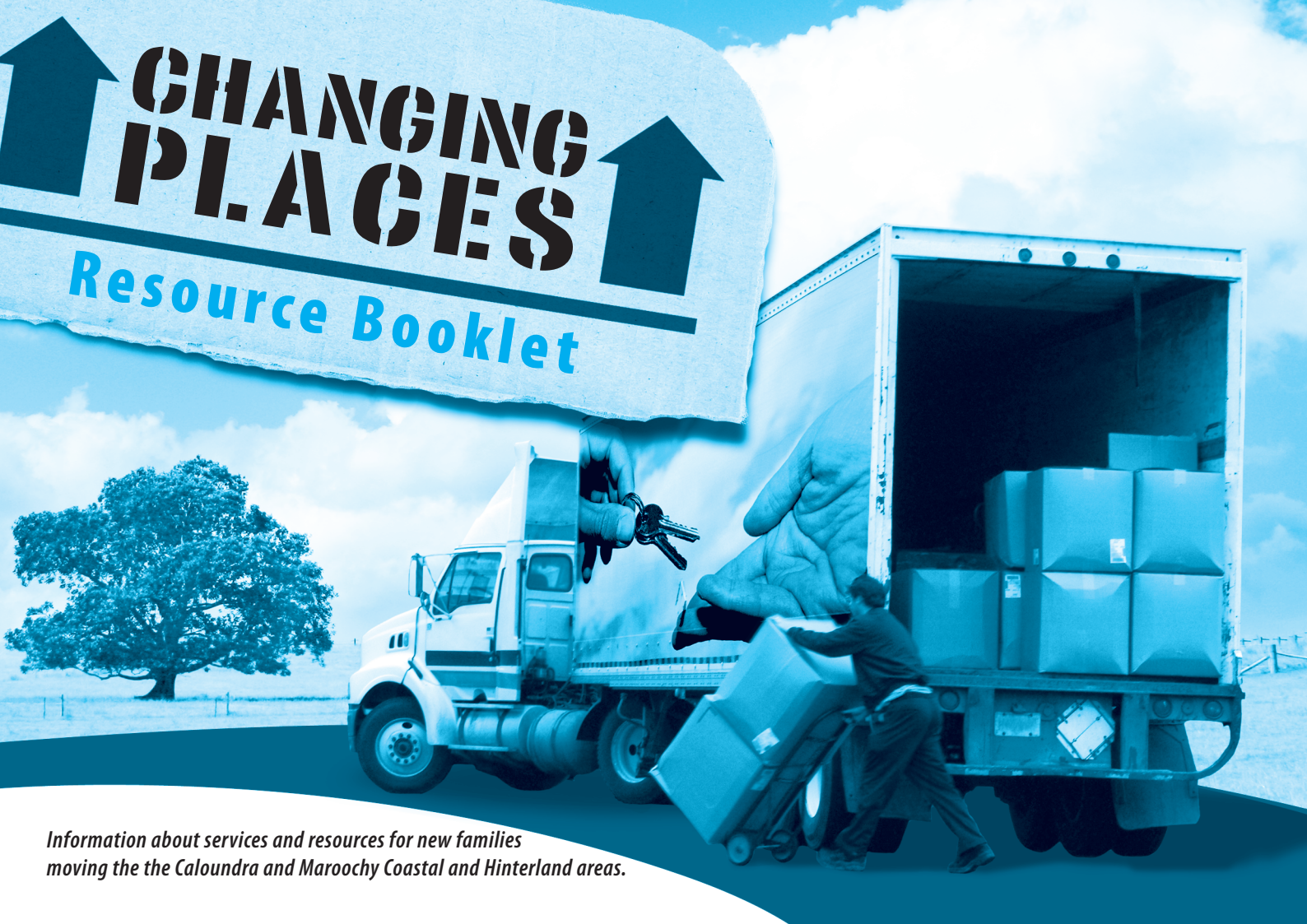


↑ CHANGING PLACES ↑

Resource Booklet



Information about services and resources for new families moving the the Caloundra and Maroochy Coastal and Hinterland areas.

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Changing Places

Assisting newly relocated families with young children, in the Caloundra and Maroochy areas, to better access information, support, services and resources.

For information or support contact;

Changing Places

Community Solutions

PO Box 631 Buddina 4575

Ph: 5437 9499

www.communitysolutions.org.au



Community Solutions



Please Note: While all care has been taken to provide up to date information at the time of printing, no responsibility can be taken for the accuracy of information provided. Please contact individual organisations directly to verify the details of current activities and services offered.

Accommodation / Housing Services

Emergency Accommodation

DV Connect

Crisis Counselling and refuge placement for women and children – 24 hours a day, seven days a week.

Confidential Location

1800 811 811

Homeless Persons Information Qld

A freecall service providing information about accommodation, as well as advice, support and practical assistance.

1800 47 47 53 (1800 HPIQLD)

TTY Toll-free - 1800 010 222

Lions Emergency Accommodation Centre Inc.

Supported short term crisis accommodation for women and children from domestic and family violence, single women, single men who have contact with their children and families who are homeless. Provides emergency relief, Key to Early Intervention in Homelessness program and Better Start, an intensive in-home family support programme.

16 Carroll Street, Nambour

5441 3837

leac23@bigpond.net.au

Najidah

Emergency, crisis, medium term and longer term support for women and children in domestic violence situations.

22/27 Evans Street, Maroochydore

5479 0394

www.najidah.org.au

Sunshine Sanctuary

A crisis accommodation and support centre for women and children made homeless by domestic violence.

5476 2785

St Vincent de Paul Society Ozanam House

Crisis accommodation for men 18yrs+ must be sober, self-caring and able to climb stairs. Night shelter only - must leave by 8.00am and return after 4.00pm; all residents must bring Centrelink statement of income and sign a centrepay form.

15 Lamington Terrace, Nambour

5441 7468

Housing

Department of Housing Sunshine Coast Area Officer

Comprehensive information about the services and products offered by the Department is available from the area officer.

96 Memorial Ave, Maroochydore

5475 9700

www.housing.qld.gov.au

Queensland Youth Housing Hotline

A free phone service providing information about emergency accommodation, housing options and housing related services (including tenancy advice, emergency relief and counselling) to young people aged 15 - 25 years who are at risk of becoming homeless. 9am - 5pm Monday - Friday.

1800 177 107

www.qyhc.org.au

Integrated Family & Youth Service Transitional Housing

Affordable supported accommodation for single young people and young parents aged 16 - 21 years in privately leased properties. Supported by youth workers who assist young people to transition from crisis to independence.

5438 3084

www.ifys.com.au

Residential Tenancies Authority

The RTA assists tenants, lessors, real estate agents and service providers by providing a rental custodial service, telephone information, dispute resolution and investigations service. The RTA's role is to contribute to and promote fair, balanced and equitable practices in the Queensland residential rental sectors.

33 Herschel Street, Brisbane

1300 366 311

www.rta.qld.gov.au

Sunshine Coast Regional Housing Council

Sunshine Coast Regional Housing Council provides information, advocacy, tenancy advice and housing to people on low incomes who can live independently without support.

Hours: Mon, Tue, Thur, Fri 9-12 & 1-4; Wed 1-4

15 Sydney Street, Nambour

5451 2900

Housing Services contd.

Tenant Advice and Advocacy Service

Offers tenancy law advice, support and/or advocacy to all tenants (including residents in boarding house/hostel style accommodation) to ensure their interests are represented.

Hours: Mon, Tue, Thur, Fri 9-12 & 1-4; Wed 1-4

15 Sydney Street, Nambour
5476 0555

Tenants Union of Queensland

The Tenants' Union is a community based tenant organisation providing services for and representing the interests of residential tenants in Queensland. Free phone advice service for residential tenants from 9am - 4pm Mon - Fri. Extended hours Tues - Wed until 7pm.

Advice Line Brisbane 3257 1108

Advice Line Regional Qld 1800 177 761

www.tuq.org.au

Early Learning & Childcare

Beerwah and District Kindergarten

A not-for-profit community organisation affiliated with the Crèche and Kindergarten Association Queensland. Provides a pre-prep program for children aged 3½ - 4½ yrs. Children attend 9.00am - 2.30pm two or three days a week.

9 Free Street, Beerwah

5494 6346

beerwahkindy@aapt.net.au

Beerwah Magic Trees Early Learning Centre

Opening hours 6.30am - 6.30pm. Cater for children aged six weeks to school age, before and after school care & vacation care available. Open all year except public holidays.

10 Greber Road, Beerwah

5494 0777

mtccc@bigpond.com.au

Buderim Kindergarten

A pre-prep program for children aged 3 yrs - 5½ yrs.

Children attend 8.45am - 2.15pm for 2 or 3 days per week. Affiliated with C&K and operated by a not for profit community organisation.

38 Townsend Rd, Buderim

5445 1952

C and K Maroochy Family Day Care

We offer high quality, flexible childcare to families across the Sunshine Coast. Our experienced and professional registered care providers offer casual, overnight and standard care plus weekend care.

17/1 Newspaper Pl, Maroochydore

5479 6295

maroochyfdc@candk.asn.au

C and K Mooloolah Community Kindergarten

We are a not-for-profit community kindergarten, providing a play-based stimulating program for pre-prep children.

Cnr King and Bray Rd, Mooloolah

5494 7331

mooloolah@candk.asn.au

C and K Nambour Community Preschool and Kindergarten

Qualified early childhood teachers providing high quality pre-prep educational programs since 1952. Operates 9.00am - 2.30pm Mon - Fri.

1 James St, Nambour

5441 1169

jamesstkindy@futureweb.com.au

North Caloundra Child Care Centre

Provides high quality care and learning programs for children from 0-6 years. Open from 7.00am - 5.45pm Monday to Friday. We are proudly sponsored by Sunshine Coast Regional Council.

113 Cooroora St, Caloundra

5491 6288

Caloundra Community Kindergarten

Caloundra Kindergarten is a not for profit community organisation affiliated with C&K Queensland. Situated on the corner of Cowan & Nichols Street. Operating from 9.00am - 2.30pm Mon - Fri. Providing a stimulating pre-prep experience for children aged 4 - 5 years.

Cowan Street, Caloundra

5491 1746

caloundrkindy@bigpond.com.au

Currimundi Childcare Centre

Long day care centre offering quality care for children from 15 months to school age. Open 7.00am - 6.15pm. Caring and professional staff with a friendly approach. Play-based emergent curriculum focuses on children's individual needs.

29 Buderim St, Currimundi

5492 6688

curricare@bigpond.com

Early Learning & Childcare contd.

Currimundi Early Learning Centre

Qualified staff deliver educational programs. Caters for children aged from 6 weeks and provides outside school hours care. Separate prep facilities. Privately owned and operated. Open 6.30am – 6.30pm.

38 Bellara Drive, Currimundi
5491 9666

www.yourlearningcentre.com

Kawana Community Kindergarten and Preschool

Affiliated with C&K Association. Pre-Prep program offered. Children attend two or three days a week. Open 9.00am – 2:30pm.

141 Sportsman Parade, Bokarina
5493 3566

kawanakindy@bigpond.com.au

Kindimindi Child Care Centre and Pre Prep

15 months to school age. Meal provided. Vacation care. Courtesy bus available. National Childcare Accreditation Council accredited/Private owned.

4 Technology Drive, Warana
5493 7477

kindamindichildcare@bigpond.com.au

Landsborough Childcare Centre

Child Care Centre. For ages 15 months – 5 years. Open Mon – Fri 6.30am – 6.00pm. NCAC accredited. Air-conditioned.

10 Mill Street, Landsborough
5494 8200

Landsborough Community Kindergarten

Non-profit. Affiliated with Crèche and Kindergarten Association Qld. Qualified teacher and assistant. Play-based educational pre-prep curriculum. Max 20 children per group. Children attend 9.00am – 2.30pm 2 days per week.

13 Maleny Rd, Landsborough
5494 1248

Landsborough Outside School Hours Care

Situated in the grounds of Landsborough State School we provide quality outside school hours and vacation care for primary school children.

C/- Landsborough State School
Gympie St, Nth Landsborough
5494 8455

Little Munchkins Early Learning Centre

Educational programs for children aged 15 months to school age. Open from 7.15am – 6.15pm.

2 Mooloolah Road, Mooloolah
5494 7325

Minyama Early Learning Centre

Sporty tots, computers, air conditioned, shady play areas. Open 52 weeks a year from 7am – 6.30pm.

2 Jarrah St, Minyama
5444 4800

Pelican Waters-Golden Beach Preschool, Kindergarten and Child Care

Long day care, with special emphasis on educational programs.

16 Anning Avenue, Golden Beach
5492 1777

Sunshine Coast Family Day Care Scheme

Providing quality home based care for children. SCFDC Scheme is fully accredited under Family Day Care Quality Assurance by the National Childcare Accreditation Council of Australia. Approved for Child Care Benefit fee reduction.

1 Edridge St, Caloundra
5491 1414 or 5491 1493
scfdc@ozemail.com.au

Sunshine Coast Link Family Scheme Inc.

Community based organisation providing a range of services to families who have a member with a disability including respite, recreation, after school care and school holiday programs.

85 Town Mount Road, Nambour
5441 6600

Information Services

Child Care Information Service

Free childcare information service provided by the Department of Communities. The service operates from 8.30am to 5.00pm Monday to Friday, and provides information to assist families in choosing childcare that meets their needs.

1800 637 711

www.communities.qld.gov.au/childcare

Commonwealth Childcare Access Hotline

The Child Care Access Hotline is a telephone service that provides information to help choose a child care service that meets parents' needs. Information includes child care services and possible vacancies in your area; types of child care available; quality issues; and government financial assistance with the cost of childcare.

1800 670 305

Early Learning & Childcare contd.

Crèche and Kindergarten Association

Founded in 1907, C&K is Queensland's oldest and largest community based early childhood service provider. C&K offers pre-prep programs, child care, family day care, in-home care and also has the C&K College of Early Childhood.

www.candk.asn.au

1800 177 092

Community / Neighbourhood Centres

Beerwah Community Centre

Youth support, family support referrals, workshops, training programs, counselling, emergency relief and housing information. Bus for hire. Venue for hire. Site for Sunshine Coast Flexi School.

Sportsground Complex
13 Roberts Rd, Beerwah

5494 0505

Nambour Community Centre

Provides a range of community services and programs including family support, cultural connections program, Indigenous community program, information and referral.

2 Shearer Street, Nambour
5441 4724

Caloundra Community Centre

A range of community services and programs, including: information, advice and referrals, free legal advice, emergency relief, family support program, children's playgroups, literacy courses, older women's program, group programs for fun and health, venue for special interest groups and personal development and support opportunities.

78 Buderim Street, Currimundi
5491 4511
admin@calcomm.org.au

Glasshouse Mountains Neighbourhood Centre

Provides information and referrals, emergency food assistance, computer, internet, photocopying and job search. Venue for community group meetings and activities.

Ryan St, Glasshouse Mountains
5438 7000

Kawana Family Centre

Provides a playgroup, family day care, and other activities for parents and families.

Iluka Avenue, Buddina
5478 4221
www.kawanafamilycentre.com

Maroochy Neighbourhood Centre

Provides a range of community services and programs including: job preparation, family support and limited child care.

2 Fifth Avenue, Cotton Tree
5443 6696
admin@maroochync.org.au

Maleny Neighbourhood Centre

Provides youth support, free counselling and community workshops, referral, emergency food relief and venue hire.

10 Bunya St, Maleny
5499 9345

info@malenync.org.au

Millwell Road Community Centre

Provides a range of community classes, activities and larger events.

11 Millwell Road East, Maroochydore
5443 8809

Mooloolah Valley Community Centre

Provides community services including public computer access, information, support and referral, counselling, interest groups, rooms for hire, support for new groups, supervised youth activities.

Open Mon, Wed, Fri 9am - 1pm
43 Bray Rd, Mooloolah Valley
5494 7822

Morris House Neighbourhood Centre

Provides referral help, access to internet, fax, phone, photocopying and printing, computer and cooking classes, JP service and emergency relief.

Open 9.30am - 1.00pm Mon - Fri.
478 Old Landsborough Rd, Landsborough
5494 1255
morrishouse@landsborough.com

Community / Neighbourhood Centres contd.

The Lake Kawana Centre

Provides a range of community classes, activities and larger events.

**Sportsmans Parade, Bokarina
5437 1170**

www.thelakekawanacentre.com.au

The Shack Community Centre

A comprehensive program offers clients support and development opportunities aimed at personal growth.

**19 Price Street, Nambour
5441 5928**

Culturally and Linguistically Diverse Services

Caloundra Community Centre

This community literacy program primarily addresses second chance learning for participating students and targets people facing barriers, including people from culturally and linguistically diverse backgrounds who have been in Australia for many years and are not eligible to access free English and language courses through the Department of Immigration.

**78 Buderim St, Currimundi
5491 4511**

National Relay Service

The National Relay Service is a telephone relay service that allows Australians who are deaf, or have a hearing and/or speech impairment, to communicate with anyone who uses a standard telephone and vice versa. The Relay Service operates 24 hours a day, 7 days a week. Calls to the NRS are about the cost of a local call and training is free.

Voice: 1800 555 660

Helpdesk TTY: 1800 555 630 Fax: 1800 555 690

9am - 5pm Monday - Friday EST

TTY/Voice: 133 677 (24 hours)

To Make a relay Voice Only: 1300 555 727

6am - midnight EST daily

Call Emergency TTF: 106 (24 hours)

www.relayservice.com.au

helpdesk@relayservice.com.au

National Accreditation Authority for Translators and Interpreters

National standards/accreditation authority for Translators and Interpreters. Also, on our website, we have a directory of accredited practitioners in all languages.

**Yungaba Centre, 120 Main St, Kangaroo Pt
07 3393 1358**

www.naati.com.au

biroff@naati.com.au

Sunshine Coast Institute of TAFE – Adult Migrant Education Classes

English as a second language classes for adults are available at Mooloolaba, Nambour and Noosa. These classes are offered to migrants under the Adult Migrant English Program (AMEP) and Language Literacy Numeracy Program (LLMP). Please phone for further information and to determine your eligibility for these programs.

**Windsor Rd Nambour
5459 3251**

Translating and Interpreting Service (TIS National)

The Translating and Interpreting Service operates nationally and is available to any person or organisation requiring interpreting services. TIS operate 24 hours a day, seven days a week.

131 450

www.immi.gov.au/tis

tis@immi.gov.au

Disability Support Services

Interact Australia

Innovative respite model for children and adults with a disability creating links in community recreation groups and clubs leading to sustainable informal supports both for the individual with a disability and their family. Provides 'Recreation Limited' one on one respite program (time-limited engagement with each family 6-9 months) and Futures Unlimited community group based day program (not time limited). Fee-for service also available.

Unit 4a 1 Innovation Parkway, Birtinya
5475 4884

Link In Association Sunshine Coast Inc.

Link In is a charitable, community organisation which assists individuals who have mental illness, psychiatric disability, challenging behaviour, intellectual disability and/or dual diagnosis. Adult services: provides accommodation support, community access and non-clinical case management.

Services for children and young people: provides therapeutic residential care services to individuals in the child protection system with high to extreme needs.

15 Evens St, Maroochydore
5479 0833

Montrose Access

Montrose Access provides therapy, respite and recreational services for children and young adults with physical disabilities throughout Queensland.

Level 2, 20 Innovation Parkway, Birtinya
5439 1300
www.montroseaccess.org.au

Education

Primary Schools

Beerburrum State School

Beerburrum State School is a small, caring school with a current enrolment of 125. There are 5 composite classes, covering Prep to Year 7. The school works closely with the Glasshouse coalition of schools enhancing resources and opportunities for every student.

8 Beerburrum Road, Beerburrum
5496 0134
www.beerburss.edu.au

Beerwah State School

Beerwah State School was opened in 1888 and has a proud tradition extending to over 118 years. The tree lined grounds and Centenary Hall are distinctive features. The campus provides Primary classes from Prep to Year 7 with additional support provided by the Special Education Unit and Early Childhood Development Centre.

2788 Old Gympie Road, Beerwah
5436 5555
www.beerwahss.qld.edu.au

Blackall Range Independent School

We are more than a school, we are a community. Whilst covering Qld studies authority curriculum, we also aim to provide skills and subjects reflecting needs, interests and experiences of the children and their parents.

551 Mapleton Rd, Kureelpa
5441 5227
www.brischool.com.au

Bli Bli State School

Bli Bli State School has been part of the community since 1901. We offer quality education for Prep - Year 7 students. Our large ovals and peaceful tree lined environment provides a great setting.

School Rd, Bli Bli
5458 2111
admin@blibliess.eq.edu.au
www.blibliss.edu.au

Buddina State School

Buddina State School was founded in 1979 and provides Prep to Year 7 classes. Buddina has a well-earned reputation as being an excellent school that offers quality education to the students in our community. Students are offered an optimum learning and growth environment, delivered with a sense of enthusiasm and commitment.

Cnr Iluka Avenue & Tumut St, Buddina
5477 8888
info@buddinass.eq.edu.au
www.buddinass.edu.au

Burnside State School

Burnside State School provides authentic engaging learning environments; caters for individual needs; develops cross curricular skills through investigative research and reporting; prepares for the world by developing 'Habits of the Heart, Mind and Community', and; fosters safe and supportive learning environments.

Blaxland Rd, Nambour
5441 0888
www.burnsidess.eq.edu.au

Education contd.

Caloundra State Primary School

Promoting Proud Traditions of Educational Excellence – When choosing Caloundra State Primary School, your child will join thousands of happy students who have attended this school since 1899. Our experienced staff ensures a strong focus on literacy, numeracy and the integration of technology. Situated on beautifully landscaped and spacious grounds, our school offers a comprehensive sporting program as well as a broad Performing Arts program, all achieved within a supportive school environment.

56A Queen Street, Caloundra

5439 4200

www.caloundrass.eq.edu.au

Chancellor State College

Chancellor State College is an integral component of the Sippy Downs Educational precinct where our Primary Campus (P-6) and our Secondary Campus (7-12) flank the University of the Sunshine Coast. We share a Sports Precinct which is fast developing as a unique world class centre of education and community engagement. Our partnership with the University has become more sophisticated in academic, cultural and sporting programs every year since the establishment of our P-12 College in 2004.

Unprecedented opportunities exist in this precinct which is focused on future and diverse pathways for students. Dual accreditation and HeadStart programs allow students flexible study options that combine school and university in an innovative and robust learning environment.

Primary Campus: Scholars Drive, Sippy Downs

5453 3111

Secondary Campus: Sippy Downs Drive, Sippy Downs

5453 3222

Currimundi State Primary School

Our school is a great State School by the beach. We use its unique coastal environment as a basis for building a shared vision for learning. Our Vision Statement "Riding the Waves to Success" sums up our belief that all students can enjoy success if they are empowered through knowledge and skills to be creative and reflective thinkers, effective communicators, active participants, keen investigators and problem solvers.

17 Buderim St, Caloundra

5436 6888

www.currimunss.eq.edu.au

thepincipal@currimunss.eq.edu.au

Glasshouse Mountains State School

Catering for Prep to Year 7. Enrolments being taken now for all year levels. Member of Glasshouse Coalition of Schools. Friendly, caring and safe environment. Nestled at the foot of the beautiful Glasshouse Mountains. Embrace the future together - Caring, learning, succeeding.

Coonowrin Road, Glasshouse Mountains

5439 3222

www.glasshousesess.eq.edu.au

thepincipal@glasshousesess.eq.edu.au

Glenview State School

Glenview State School is a local primary school catering for students from Prep to Year 7. Refer to our website for full information.

6 Leeding Rd, Glenview

5439 6777

www.glenviewss.eq.edu.au

Golden Beach State School

Golden Beach State School is a local primary school catering for students from Prep to Year 7.

Earnshaw St, Golden Beach

5437 4333

www.goldbeacss.eq.edu.au

Kawana Waters State College

Kawana Waters State College, a modern award winning P-12 education facility offering the highest quality teaching and learning. Our facilities allow us to offer junior, middle and senior academic, sporting, cultural and workplace programs that are exciting and meaningful. Our college is well known and recognised for its international student program, business enterprise education, football excellence program, aquatics excellence program, hospitality and outstanding performing arts awards.

Sportsmans Parade, Bokarina

Junior Campus 5436 9333

Senior Campus 5493 3388

www.kawanawaterssc.eq.edu.au

Landsborough State School

Caters for children from prep to year 7 and is a member of the Glasshouse Coalition of Schools. Landsborough State School offers a diverse range of curriculum, including music, sports and language.

Gympie St, North Landsborough

5494 1053

Education

Education contd.

Maleny State Primary School

Medium size co-education centre in SC Hinterland. Campus includes the Early Learning Centre, Primary School (Years 1-7) & Enrichment Centre (support students with low incidence disabilities categories). Facilities: pool, tennis courts, oval.

16 Bunya St, Maleny

5499 8333

www.malenyss.eq.edu.au

theprincipal@malenyss.eq.edu.au

Maroochydore State School

Maroochydore State School caters for Prep-Year 7 and an Early Childhood Development Centre supporting under school age children who have multiple disabilities. All classrooms are fitted with automated whiteboards and air conditioning. Surf Skills and swimming are undertaken in the summer months. Before and after school care available. Active After School Activities – two days per week. School Hours: 8:30am to 2:30pm

56-68 Primary School Court, Maroochydore

5475 1555

www.maroochyss.qld.edu.au

Meridan State College

Prep to Year 12 College that engages and supports students in a futures-oriented education, challenging them to excel and be creative, active and respected citizens in an evolving global society.

214 Parklands Blvd, Meridan Plains

5490 2666

www.meridansc.eq.edu.au

enquiry@meridansc.eq.edu.au

Mooloolaba State School

Just five minutes walk from the famous Mooloolaba Beach and set in over four hectares of open and shaded grounds, Mooloolaba State School provides excellent education, cultural and sporting programs for children from Prep to Year 7. Its grounds boast two large sporting ovals, three adventure playgrounds, two tennis courts, an environmentally pristine wallum forest, and two outdoor performance spaces. With only half the number of students (<450) as other nearby state and private schools, Mooloolaba State School offers room for your child to learn and play in a safe, healthy and friendly atmosphere.

Meta St, Mooloolaba

5457 7222

Mooloolah State School

Primary education from Prep to Year 7. Before and after school care and swim club.

King Road, Mooloolah

5413 6333

www.mooloolahss.eq.edu.au

theprincipal@mooloolahss.eq.edu.au

Palmwoods State School

Palmwoods State School is evolving its New Basics curriculum to meet the changing needs of students, staff and the community over time. The school is focused on the development of sound educational practices. Ongoing focus on the holistic development of students is paramount. Palmwoods SS will make a vital contribution to the vision of Education Qld by "harnessing the collective capacity of our school community to ignite the potential of every student."

111 Palmwoods-Montville Rd, Palmwoods

5453 2444

Peachester State School

Peachester State School is a small rural school with 132 students. Peachester State School provides a safe, supportive, stimulating environment where staff, parents and community members work to provide a quality education for our students. There is very strong environmental awareness in both the school and the community.

966 Peachester Road, Peachester

5439 5111

Talara Primary College

Providing Prep to Year 7 schooling in a community that values traditional values whilst engaging students in a futures orientated education.

Talara Street, Currimundi

5438 3777

www.talacollss.eq.edu.au

info@talacollss.eq.edu.au

The Kuluin School

The Kuluin School continues to be "a place where people want to be." Set amongst magnificent tallow wood trees, Kuluin SS has modern, air conditioned classrooms. There is a strong, supportive community that strives towards the achievement of the school's vision – "Together We Grow".

Tallow Wood Drive, Kuluin

5477 3777

www.kuluinss.eq.edu.au

Education contd.

TAFE/University

Sunshine Coast Institute of TAFE

Offers a wide range of full-time, part-time and short courses in the areas of arts, tourism and sports, building, land and engineering, commerce and community services. Campuses are based at Caloundra, Maroochydore, Mooloolaba, Nambour and Noosa.

34 Lady Musgrave Drive, Mooloolaba
www.sunshinecoast.tafe.qld.gov.au
5459 3228

University of the Sunshine Coast (USC)

USC offers a wide range of quality programs and courses in Arts and Social Sciences; Business; and Science, Health and Education. The USC campus is located in the central Sunshine Coast suburb of Sippy Downs. Support services and financial assistance are available.

90 Sippy Downs Drive, Sippy Downs
5430 1234
information@usc.edu.au
www.usc.edu.au

Other

Brisbane School of Distance Education

Distance Education.

405 Montague Rd, West End
www.brisbanesde.eq.edu.au

CADET Group Australia

A non-for-profit community based organisation providing training, traineeships, Community Projects, Youth Pathways and Recruitment.

8 Innovation Parkway, Birtinya
1300 422 338
www.cadet.org.au
info@cadet.org.au

The Smith Family

The Smith Family provides educational scholarships for the students of financially disadvantaged families. Other programs also include peer reading, financial literacy, mentoring, personal development and links to homework support.

A Block Maroochydore State School
56-58 Primary School Crt, Maroochydore
5443 6214 or 5443 5864
www.thesmithfamily.com.au

Building Futures Flexi School

A program for young people aged 14-18 to complete schooling years 10-12 with sites at Beerwah, Kawana, Caloundra and Mooloolaba.

Main Office: 13 Roberts Road, Beerwah
5494 0917
buildingfutures@ifys.com.au
www.ifys.com.au

Emergency Contacts

Emergency Services

IN AN EMERGENCY CALL 000

Energex Ltd

You can contact Energex 24 hours a day, seven days per week, for the following services:
Loss of power supply 136 262
Emergency Only 131 962
General Inquiries 131 253

Queensland Ambulance Service

Non-Emergency 131 233
In an Emergency Call 000

Queensland Police Service - Caloundra

1 Gregson Place, Caloundra
5439 4444

Queensland Police Service - Kawana

Nicklin Way, Kawana
5493 7100

Queensland Police Service - Landsborough

12 Caloundra Street, Landsborough
5494 8005

Queensland Police Service - Maroochydore

13 Cornmeal Parade, Maroochydore
5475 2444

Queensland Police Service - Buderim

29 Main Street, Buderim
5445 1661

Queensland Police Service - Nambour

1 - 3 Mitchell Street, Nambour
5459 0200

Queensland Police Service - Sippy Downs

205 Sippy Downs Drive, Sippy Downs
5409 1333

Queensland Police Service - Beerwah

Beerwah Parade, Beerwah
5436 5222

Other Emergency Contacts

Sunshine Coast Regional Council

Emergency After Hours.
1300 007 272 (local calls only)
5475 7272 (STD and Mobile calls)

Poisons Information Service

13 11 26

Employment and Training Agencies

Busy at Work Apprenticeships Services

Provides free services to job seekers and employers in apprenticeships and traineeships.
3/82 Parker St, Maroochydore
13 BUSY (13 28 79)
busyatwork@busyinc.com.au
www.busyinc.com.au

CADET Group Australia

A not-for-profit community based organisation providing training, traineeships, community projects, youth pathways and recruitment.

9 George Street, Caloundra

1300 422 338
info@cadet.org.au
www.cadet.org.au

Campbell Page

Provider of employment, training and vocational rehabilitation services including Indigenous and youth support.

Nambour Office:

52-64 Currie Street
5470 8680

Maroochydore Office:

9 Maud St
5459 8140

Caloundra Office:

16 Bulcock Street
5420 7600

www.campbellpage.org.au

Centacare Employment Group

Maroochydore Office:
Unit 7, 18-22 First Avenue
5430 0700

Centacare Employment Group - Disability Employment Network

Maroochydore Office:
21 Cornmeal Parade
5430 0700

CRS Australia - Vocational Educational Services

Maroochydore Office:
26 Duporth Avenue
5459 8800
Caloundra Office:
Suite 8 City Centre Building 51-55 Bulcock Street
5459 8800

Department of Education and Training

Training and employment services.
1300 369 935

Employment Services Queensland

Offices in Maroochydore, Nambour, Kawana, Caloundra & Buddina.
1800 983 833
www.employmentservicesqld.com.au

Community Solutions

Selected accredited training funded by State and Federal Government and non-accredited training to eligible job seekers.
320 Nicklin Way, Bokarina
admin@communitysolutions.org.au
www.communitysolutions.org.au

Mission Australia

Employment, apprenticeship and traineeship services, job ready training and support.

Maroochydore Office:

Level 2 9-13 Maud Street

Caloundra Office:

54 Canberra Terrace

Nambour Office:

Level 3 Centenary Square Tower 52-64 Currie Street
131 124

www.employmentsolutions.com.au

NAMTEC Inc

Sunshine Coast youth development and training centre providing support and services to disadvantaged young people aged 12 - 25 years. Services include accredited and non-accredited training, Get Set for Work, YES and Flexible Learning programs.

31 Matthew Street, Nambour

5479 8444

admin@namtec.org.au

www.namtec.org.au

Skill Centred Queensland

Provides vocational training courses including Productivity Places, Australian Apprenticeship Access and specialised assistance in getting people back to work.

Level 1 Cnr Memorial and First Avenues

Maroochydore

5443 7444

The Salvation Army Employment Plus

Nambour Office:

Corner Currie and Mitchell Street
54419700

Maroochydore Office:

Level 1 Berwicks, Cnr Aerodrome Rd & Maud Street
54517600

Caloundra Office:

Ground Floor 1A Ormuz Ave
54133800

Interact Australia

Delivers Certificate II in Aged Care, Business Administration and non-accredited aged care workshops.

Unit 4a 1 Innovation Parkway, Birtinya

5475 4884

Job Preparation Program

For people who want to learn or revise all aspects of job ready skills and personal development. People from non-english speaking backgrounds and those who have been long term unemployed are encouraged to apply.

Maroochy Neighbourhood Centre

Fifth Avenue, Cotton tree

5443 6696

mets@maroochync.org.au

Jobfind Centres Australia

Personal support program assists eligible clients to tackle barriers and issues that are preventing them from looking for work, getting a job, benefiting from employment assistance, study or participating in the community.

54 Canberra Terrace, Caloundra

5455 8282

www.jobfindcentre.com.au

Employment & Training Agencies contd.

Supported Employment

Epic Employment Service Inc

Disability Employment Network and Vocational Education Services.

Nambour Office:

Unit 3 16 Howard Street

54417475

Caloundra Office:

3/45-47 Minchinton Street

54911711

www.epic.org.au

STEPS Employment

A vibrant employment, community service and training organisation, assisting people with a disability to become active members of their communities.

Caloundra Office:

37 Bowman Road

Maroochydore Office:

78 Duporth Avenue

1300 078 377

www.steps.net.au

Family Support and Counselling

Support Services

Calcare

Therapy for individuals, partners and families. Professional psychological support. Appointments 8.30am - 4.30pm Mon - Fri.

1 Edridge Street, Caloundra

5491 8433

Caloundra City Family Support Program

Provides a range of solution focused early intervention strategies to families in the community through provision of a home visiting service, supported playgroups and parenting education to families living in Caloundra, including hinterland communities. We support families to reach their full potential through supporting parenting skills development and family relationship building.

78 Buderim St, Currimundi

5491 4511

Carers Queensland

Information, referrals and counselling for unpaid family carers. Support groups, education/training, advocacy, mentoring, back to work preparation

1800 242 636

Sunshine Coast Office:

1/10 Wrigley St, Maroochydore

5451 1882

cas@carersqld.asn.au

www.carersqld.asn.au

Centacare - Sunshine Coast

Relationship, personal, family and child counselling (over 7 yrs). Domestic violence counselling. Men's relationship program and relationship education (incl. pre-marriage), courses and groups. Natural family planning. Kid's business - everyone's business children's program.

Early intervention services including family relationships counselling and education/ skills training. Scale of fees.

21 Cornmeal Pd, Maroochydore

5430 9300

Families Plus - Sunshine Coast

Parent - Child Interactive Therapy (PCIT) is a free program aimed at creating more positive interactions between parents/ caregivers and children who display emotional and disruptive/ oppositional behaviours such as tantrums and defiance. The PCIT program takes 12 - 20 weeks to complete with a 1 hour session per week and homework each day, and is suitable for children between the ages of 2 and 5 years.

Percy House

14 Church St, Maroochydore

5479 6022

Lifeline Counselling Service

Provides counselling to individuals, couples, parents and children from 4 yrs of age. Financial counselling from Tue - Fri.

37 Duporth Ave, Maroochydore

5443 5366

www.lccq.org.au

Family Support and Counselling contd.

Sunny Kids

Sunny Kids is a community based organisation which provides a suite of services which include: Accommodation and related support for women escaping domestic and family violence; support for children experiencing barriers to learning, and; suicide bereavement and 'post-vention' support for young people affected by the loss of someone close, through suicide. Sunny Kids believes that every individual has the right to live in a safe community and that no form of abuse is acceptable.

22/27 Evans Street, Maroochydore

5479 0394

www.sunnykids.org.au

Relationships Australia Qld - Sunshine Coast

Relationships Australia offer individual, couple and family relationship counselling and education, gambling help, domestic and family violence prevention services, and victims counselling and support services. Services available at Caloundra and Maroochydore and may vary between centres. Some programs are only partially funded by State and Federal Governments and fees may be charged.

Suite 13, 65-67 Bulcock Street, Caloundra

1300 364 277

raqcaloundra@relateqld.com.au

www.relationships.com.au

The Salvation Army Caloundra

Emergency relief, professional counselling, personal case work. Recovery program for those with addictions. Crisis support and budgeting courses.

2/2 Coora Crescent, Currimundi

5493 6053

SCOPE Regional Domestic Violence Service

Suncoast Cooloola Outreach Prevention and Education (SCOPE) provides domestic and family violence counselling and court support services, community minded employment and training program, men's relationship programs, and women on the move support group.

Managed by Centacare. Programs offered at Caloundra, Maroochydore, and Nambour.

21 Commeal Pd, Maroochydore

5430 9300

scoperegdv@centacarebrisbane.net.au

Laurel House

Counselling and support for women, children and young people (including males up to 18 years) who have experienced recent or past sexual assault. Also provides culturally appropriate support to Indigenous families affected by sexual violence. 9.00am - 5.00pm Mon - Fri.

24hr Sexual Assault Help Line

1800 010 120

Maroochydore Office:

5443 4711

Family Relationship Centre

Qualified, experienced professionals provide safe and confidential services to assist families who would like to improve their relationships, families who are separated or who are going through separation. Provides advice, information and referral and family dispute resolution free of charge.

43 - 45 Primary School Court, Maroochydore

5452 9700

www.familyrelationships.gov.au

Crisis Support

Child Safety After Hours Service Centre

Urgent child protection issues.

1800 177 135

Commission for Children and Young People and Child Guardian

We promote and protect the rights, interests and well being of all young people in Queensland, particularly those most vulnerable. The Commission is independent, and its decisions are not influenced by any Government Department or other agency. The Commission does 'Working with Children' checks to see whether people are eligible for 'blue cards'.

1800 688 275

Blue Card Contact Centre:

1800 113 611

www.ccypcg.qld.gov.au

DVConnect Womensline

DVConnect Womensline is the state-wide 24-hour, 7 day a week service to women and their children experiencing domestic and/or family violence. This service is staffed by a team of dedicated professional counsellors who provide crisis intervention, support, information, advocacy, telephone counselling, referrals and the coordination of emergency refuge and shelter placements across Queensland.

Confidential Location

1800 811 811

mail@dvconnect.org

www.dvconnect.org

Family Support and Counselling contd.

DVConnect Mensline

DVConnect Mensline is a free, confidential telephone counselling referral and support service for men. It is a Queensland wide service that currently operates between the hours of 9am-12 midnight, 7 days a week.

Confidential Location

1800 600 636

mail@dvconnect.org

www.dvconnect.org

Kids Helpline

Kids Helpline is Australia's only free telephone and online counselling service for children and young people aged to 25 years. Confidential and anonymous counselling is available 24 hours a day, 7 days a week. Children and young people can call for any reason – big or small.

1800 551 800

www.kidshelp.com.au

Lifeline

Phone 24 hours a day, 7 days a week for the cost of a local call for confidential counselling.

131 114

Parentline

Confidential and anonymous telephone counselling for parents, grandparents and carers. The service is available from 8am to 10pm, seven days a week for the cost of a local call. Parentline counsellors are paid professionals who are happy to talk with you about your family and any specific parenting challenges.

1300 301 300

www.parentline.com.au

Salvo Care Line

24 hrs 7 days/week crisis telephone counselling service.

Christian based, part of the Salvation Army. Offers a listening ear and a caring heart through a broad spectrum of counselling methods.

Crisis Line:

1300 363 622

www.salvos.org.au

Sexual Assault Help Line

The Sexual Assault Help Line provides confidential support, information and referral for adolescents and adults (male and female) throughout Queensland. The service runs from 7.30am – 4.30pm, 7 days a week and is free call.

1800 010 120

Womens Infolink

Free confidential service information and referral for Queensland women and girls.

1800 177 577

www.women.qld.gov.au/findaservice

Health Services

Health Information

QFinder

Queensland directory of health and community services
www.qfinder.qld.gov.au

13 HEALTH

Phone 24 hours a day 7 days a week for the cost of a local call to obtain health advice.

13 HEALTH (13 43 25 84)

Hospitals - Public

Caloundra Health Service

West Tce, Caloundra

5436 8500

Maleny Soldiers Memorial Hospital

17 Bean Street, Maleny

5494 2208

Nambour General Hospital

Hospital Road, Nambour

5470 6600

Hospitals - Private

Buderim Hospital

30 Bronzewing Avenue, Buderim

5430 3303

Caloundra Private Hospital

96 Beerburrum Street, Caloundra

5491 1522

Health Services contd

Selangor Private Hospital
62 Netherton Street, Nambour
5441 2311

The Sunshine Coast Private Hospital
Syd Lingard Drive, Buderim
5430 3303

Lake Kawana Private Hospital
14/5 Innovation Parkway, Birtinya
5413 9100

Medical Centres

Sunshine Coast Division of General Practice

Can assist in locating a GP or specialist health service in your area.
www.scdgp.org.au > Health and Community Links

Maroochyore & Surrounds

Maroochy Waters Medical Practice
Denna Street, Maroochyore
5479 1177

GPCare Medical Centre
32 Wises Rd, Maroochyore
5409 9800

Cotton Tree Plaza Medical Centre
Cnr King St & Memorial Ave, Cotton Tree
5443 3768

Maroochy Medical Centre
59 The Esplanade, Maroochyore
5443 1466

Maroochy Waters Medical Practice
24 Denna St, Maroochyore
5479 1177

Maroochyore 7 Day Medical Centre
150 Horton Parade, Maroochyore
5443 2122

Medicine On Second
50 Second Ave, Maroochyore
5443 9455

Wises Road Medical Centre
7/102 Wises Rd, Maroochyore
5443 9228

Mooloolaba Medical Centre
Cnr Brisbane Rd & Tarcoola Avenue, Mooloolaba
5444 1818

Lake Kawana General Practice
Suite 7, 5 Innovation Parkway, Birtinya
5493 3800

Caloundra & Surrounds

Centrepont Plaza Medical Centre
50 Bulcock Street, Caloundra
5491 7466

Caloundra Bulk Billing Surgery
68 Bulcock St, Caloundra
5438 1488

Caloundra Family Medical
Cnr Minchinton St & Ormuz Ave, Caloundra
5491 1144

Golden Beach Medical Centre
34 Landsborough Parade, Golden Beach
5492 1044

Ormuz Ave Family Practice
4 Ormuz Ave, Caloundra
5491 3822

Currimundi Medical Centre
Cnr Nicklin Way & Bellara Dr, Currimundi
5491 9044

Hinterland & Surrounds

Medicine On Maple
7/17 Maple St, Maleny
5494 3944

Medicine On Main
4/130 Main St, Montville
5478 5059

Beerwah Medical Centre
15 Turner St, Beerwah
5494 6268

Beerwah Surgery
6/72 Simpson St, Beerwah
5494 0400

Health Services

Health Services contd.

Mooloolah Medical Centre
20 Karanne Dr, Mooloolah
5494 7444

Glasshouse Mountains Medical Centre
2/9 Bruce Parade, Glasshouse Mountains
5496 9707

Landsborough Medical Centre
5 Maleny St, Landsborough
5494 1799

Mooloolah Medical Centre
20 Karanne Dr, Mooloolah
5494 7444

Ann Street Family Medicine
15 Ann St, Nambour
5476 0111

Nambour Medical Centre
14 Daniel St, Nambour
5441 4033

Nambour Clinic Family Medicine
6 Sydney St Nambour 5441 1455
27 Blackall Street, Woombye 5442 2500
9 Margaret Street, Palmwoods 5457 3788

Sippy Downs & Surrounds

Chancellor Park Family Medical Practice
18 University Way, Sippy Downs
5445 6853

Ballinger Family Medical Practice
8 Ballinger Crescent, Buderim
5445 1406

Buderim Marketplace Medical Centre
67 Burnett St, Buderim
5445 1046

Better Health On Buderim
16 Lindsay Rd, Buderim
5456 1600

Child Health

Child and Youth Mental Health

Provision of specialist mental health services for children and young people aged 18 years and under and their families.

11 Beach Road, Maroochydore
5409 9111

Child, Youth & Family Health

Baby and child health clinics, parents and young babies educational sessions, parenting skills programs, pediatric speech pathology, child health nurse appointments and early intervention counseling service.

West Terrace, Caloundra
5436 8552
Sixth Avenue, Maroochydore
5459 6901
Curry Street, Nambour
5450 4750

Oral Health Services

Provides general dental services to eligible public patients, including school dental services at various locations including general and emergency dental care for children aged 4 - Year 10.

1300 300 850

Aboriginal Health

North Coast Aboriginal Corporation for Community Health

Operates a brokerage model for health services to Indigenous clients residing in the Sunshine Coast and Gympie regions. Provides, at no cost to clients, access to multiple primary health care services in dental, mental health, diabetes, physiotherapy, podiatry and general practice services.

15/27 Evans Street, Maroochydore
5443 3599

ncacch1@bigpond.com.au
www.northcoast.net.au

Other

Alcohol & Drug Information Service

This service provides 24 hour, 7 days per week, confidential and anonymous telephone counselling, information and referral. Anyone who is concerned about their own or someone else's alcohol or other drug use is welcome to call. Information on local services and a wide range of publications is also available.

1800 177 833

Health Services contd.

Discovery Program

Creates opportunities for people with mental health issues to be part of the community.

**Cnr of Duporth Ave and Beach Rd, Maroochydore
5479 3110**

www.discoveryprogram.org.au

Family Planning Queensland

Sexuality, sexual health and self-protection education for parents/carers and young people. Also professional training for childcare workers, teachers, and disability workers.

5479 0755

scoastedu@fpq.com.au

www.fpq.com.au

Focus Personal Health and Therapy

A team of experienced professionals provide services to those wishing to reduce or abstain from drug and/or alcohol use. Service locations include; Maroochydore, Nambour, Mooloolah, Currimundi, Maleny and Landsborough. Services are provided free of charge.

1/10 Aerodrome Road, Maroochydore

5443 2100

IVF Sunshine Coast

IVF Sunshine Coast has been established for 10 years on the coast. 3 specialists with over 25 years combined IVF experience – Dr James Moir, Dr Jeff Tarr and Dr Petra Laswig. We offer a complimentary consultation with our IVF nurses to discuss treatment, medications and costs.

Lake Kawana Private Hospital

Suite 21, 5 Innovation Parkway, Kawana

5493 7133

North Coast Women's Health Centre

Bulk billed service specialising in women's needs. It offers completely confidential consultations, pap smears and breast checks, sexual health checks, contraceptive advice including diaphragm and IUD fitting, pregnancy testing and counselling, infertility assessment, management of menstrual & hormonal problems, menopause advice and treatment.

Shop 3/166 Brisbane Rd, Mooloolaba

5444 8077

Pregnancy Counselling Link

Provides free telephone, face to face and email counselling for all reproductive issues, including pre-decision, pregnancy loss and post abortion by qualified, professional counsellors 24 hrs a day, 7 days a week.

1800 777 690

counsel@pcl.org.au

www.pcl.org.au

QuiHN - Lighthouse Project

Queensland Injectors Health Network supports individuals and families who wish to reduce or stop their drug use and family members who are affected by illicit drug use. Can provide help with parenting skills, information on drug use, support for parents whose children use drugs and support for young people whose parents use drugs.

59 Sixth Avenue, Cotton Tree

5443 9576

www.quihn.org

Indigenous Services

First Contact

An Indigenous service providing 24 hour resource and referral, development and training, youth services and emergency accommodation for young people up to 24 years of age.

3420 4291

admin@firstcontact.asn.au

www.firstcontact.asn.au

Kabbarli Home Community Care Association Inc.

A not-for-profit organisation providing services including HACC, CACP, home maintenance, transport, NRCP and in-house respite (Tuesday and Friday). Access to these services is primarily to Indigenous clients and then non-Indigenous clients. At Kabbarli we strive to provide the best care to our clients, their families and the community.

54B Williams St, Moffat Beach

5491 8896

Nanna Bill's Mums and Bubs Program

Provides eligible mothers with access to registered midwives in various locations during pregnancy and up until the baby is one year old. Provides information, birth preparation, healthy lifestyle and nutrition information, support for new mums and dads, and access to other health service providers.

15/27 Evans Street, Maroochydore

5443 3599

www.northcoast.net.au

Indigenous Services contd.

North Coast Aboriginal Corporation for Community Health

North Coast Aboriginal Corporation for Community Health (NCACCH) operates a brokerage model for health services to Indigenous clients residing in the Sunshine Coast and Gympie regions. It provides, at no cost to clients, multiple and diverse primary healthcare providers in dental, mental health, diabetes education, physiotherapy, podiatry and general practice services.

Suite 15/27 Evans St, Maroochydore

5443 3599

ncacch1@bigpond.com.au

www.northcoast.net.au

Nungeena Aboriginal Corporation for Womens' Business

Programs, support and referral services for Aboriginal women.

Lot 2 Streek Rd, Glasshouse Mountains

5496 9766

Legal Services

Child Abuse and Investigation Unit Qld Police

Investigates offences committed against children.

5475 2432

Child Protection and Investigation Unit Qld Police

Investigates offences committed by juveniles.

5475 2485

Friends at Court

Suncoast care group for clients who are accessing the court/prison system. Clients are supported by our volunteers to understand the help to which each individual is entitled.

C/- Court House, Maroochydore

Cornmeal Parade, Maroochydore

0403 700 756

Legal Aid Queensland

Free legal information and advice for all Queenslanders for criminal, family and civil law problems.

1300 651 188 (cost of a local call)

3rd Floor, Cnr Esp and Second Ave, Maroochydore

www.legalaid.qld.gov.au

Suncoast Community Legal Service Inc.

Volunteer service offering free legal advice and referral to the Sunshine Coast community.

7 Ocean St, Maroochydore

5443 7827

admin@suncoastcommunitylegal.org

www.suncoastcommunitylegal.org

Material Aid Organisations

Caloundra Community Centre

Provides emergency relief and other family support services.

78 Buderim Street Currimundi

5491 4511

Harvest Life Support

Aims to help people in need by providing food and clothing, household items etc. Always there with a cup of coffee and a listening ear. Tue – Fri 10.00am–2.00pm

9/125 Sugar Road, Maroochydore

5443 8306

Maleny Neighbourhood Centre

Provides emergency relief.

10 Bunya Street, Maleny

5499 9345

info@malenync.org.au

Morris House Neighbourhood Centre

Emergency relief, referral help.

Old Landsborough Rd, Landsborough

5494 1255

Society of St Vincent de Paul

Emergency relief – food, clothing, furniture. Interviews conducted Mon, Wed, Fri – 9.30am – 12.30pm.

Centrelink referral required.

16 Mayes Avenue, Caloundra

5491 2800

Playgroups

Playgroup Queensland

The Playgroup Association of Queensland can assist you to find a playgroup in your area that best suits your and your children's needs, and provide information on how to set up your own playgroup. By joining Playgroup Queensland, you can access professional support for activities and play ideas, advice about resources, playgroup publications and other useful information.

1800 171 882

info@playgroupqld.com.au

www.playgroupaustralia.com.au/qld

Parenting and Family Support

Australian Breastfeeding Association

A support group for mothers wishing to breastfeed.

Helpline

1800 686 2 686

www.breastfeeding.asn.au

Caloundra City Family Support Program

Provides a range of solution focused early intervention strategies to families in the community through the provision of a home visiting service, supported playgroups and parenting education to families living in Caloundra including hinterland communities. We support families to reach their full potential through supporting parenting skills development and family relationship building.

78 Buderim St, Currimundi

5491 4511

Family Planning Queensland

Sexuality, sexual health and self-protection education for parents/carers and young people. Professional training for childcare workers, teachers, and disability workers.

6/96 Aerodrome Road, Maroochydore

5479 0755

scoastedu@fpq.com.au

www.fpq.com.au

Parentline

Confidential and anonymous telephone counselling for parents, grandparents and carers. The service is available from 8am to 10pm, seven days a week for the cost of a local call. Parentline counsellors are paid professionals who are happy to talk with you about your family and any specific parenting challenges.

1300 301 300

www.parentline.com.au

Pregnancy Counselling Link

Provides free telephone, face to face and email counselling for all reproductive issues, including pre-decision, pregnancy loss and post abortion by qualified, professional counsellors 24 hrs a day, 7 days a week.

1800 777 690

counsel@pcl.org.au

www.pcl.org.au

Young Mum's Group

Supports young pregnant and parenting women up to 25 years to meet other young mothers in a safe, supportive and non-judgmental social setting. Group shares ideas, concerns and experiences with opportunity for mums and children to socialise, discuss parent topics and craft activities. Child minding activities available.

Caloundra Community Centre

78 Buderim St, Currimundi

5491 4511

Parenting and Family Support contd.

Young Parent Support Program

Supports young parents aged up to 25 years through pregnancy support programs, playgroups held in Nambour and Maroochydore, advocacy, referrals, emotional support and information provision. No costs are incurred for accessing the program. Open Mon-Fri 9am-3pm.

10 Allambie Street, Maroochydore

5479 5898

ypsp@ifys.com.au

www.ifys.com.au

Publications

Buderim Chronicle/Buderim Weekly

Free weekly community news.

5445 4888

Caloundra Weekly/Caloundra City News

Free community news.

5491 2655

Encompass

Free Quarterly Sunshine Coast Regional Council Publication.

www.sunshinecoast.qld.gov.au

Glasshouse Country News

Free weekly community newspaper.

5494 6066

Local Community Times

Free monthly community news - Sippy Downs and surrounds.

1300 313 933

www.localcommunitytimes.com.au

Maroochy Weekly

Free weekly community news

5430 8000

Nambour Weekly

Free weekly community news.

5459 7100

Sunshine Valley News

Free weekly community news - Palmwoods and surrounds.

5478 9966

Sunshine Coast Daily/Sunshine Coast Sunday

5430 8000

www.sunshinecoastdaily.com.au

The Range News

Free hinterland community news - Maleny and surrounds.

5494 2454

Tsunami Mag

Free music, film and popular culture magazine.

5475 4564

www.tsunamimag.com

The Hinterland Voice

Free monthly Sunshine Coast Hinterland community news.

5485 4438

Transport

Translink

Bus and train times for South East Queensland.

13 12 30

www.translink.com.au

Sunbus

Public Bus Service operating across the Sunshine Coast

Local Office:

5450 7888

Translink:

13 12 30

www.translink.com.au

Suncoast Cabs

Taxi travel. Day tours, wheelchair accessing vehicles. Airport transfers.

131 008

Suncoast Community Cabs

A weekly door to door shared transport service from

\$4.00 each way, assisting older residents and those with a disability to travel to their nearest major shopping centre.

5451 7565

www.suncoastcabs.com.au

Youth Services

Beerwah Community Centre

Youth support, family support referrals, workshops, training programs, counselling, emergency relief and housing information. Bus for hire. Venue for hire. Site for Sunshine Coast Flexi School.

Sportsground Complex

13 Roberts Rd, Beerwah

5494 0505 or 0407 761 749

Sunshine Coast Youth Partnership Inc.

Sunshine Coast Youth Partnership is a not-for-profit community based organisation that operates with a wide range of organisations and facilitates a comprehensive and cooperative community based approach to support young people in community life, learning and employment. Provides; Student Support Program in Hinterland Primary Schools, EMMA (Educating, Mentoring Mothering Adolescents), Youth on the Move Hinterland Mini Bus, Cafe Enterprise, Getting it Rite and family support programs.

6/131 Sugar Rd, Alexandra Headland

5479 0070

www.sunshinecoastyouth.com

Hinterland Youthlinx

Youth and family support, activities and community events.

Maleny Neighbourhood Centre

10 Bunya Street, Maleny

5499 9345

info@malenync.org.au

Sunshine Coast Flexi School

Alternative Learning Centre — main site: Beerwah Community Centre & sites at Kawana & Caloundra. Program assists young people wanting to re-engage in education.

Main Office:

Sportsground Complex

13 Roberts Rd, Beerwah

5494 0917 or 0438 187 717

scflexi@ifys.com.au

www.ifys.com.au

YouthLinx

A prevention and early intervention program that supports young people aged 11 - 16 and their families to build self-reliance, strengthen family relationships and encourage community involvement through activities and support.

5420 8721

www.youthlinx.com

Council Services

Sunshine Coast Regional Council

1300 007 272 Local calls only
5475 7272 STD & mobile calls
www.sunshinecoast.qld.gov.au
mail@sunshinecoast.qld.gov.au

General Enquiries and Payments

Caloundra Office	5420 8200
Maroochydore Office	5475 8501
Nambour Office	5475 8501
Tewantin Office	5449 5200

Council aims to support and partner with the local community to build capacity within recreation, sport and community groups, organisations and individuals. Council provides a range of community hall and recreation venues, child care centres, a professional lifeguard service, seniors youth and multicultural services, community safety and other general community program areas, as well as issues permits for temporary events throughout the area. To find out more, contact Council on **1300 007 272 Local calls only** **5475 7272 STD and mobile calls** **www.sunshinecoast.qld.gov.au**

Community Services Unit

Council aims to support and partner with the local community to build capacity within recreation, sport and community groups, organisations and individuals. Council employs specialised Recreation and Community Development Officers, provide a range of community hall and recreation venues, child care centres, a professional Lifeguard Service, seniors, youth services, multicultural, community safety and other general community program areas, as well as issues permits for temporary events throughout the area. To find out more, contact Council on **1300 007 272** (local calls only) or **5475 7272** (STD and Mobile calls) **www.sunshinecoast.qld.gov.au**

Council Child Care Centres

Caloundra Child Care Centre
10 Thrush Street, Caloundra
5491 2105

North Caloundra Childcare Centre
113 Cooroora Street, Currumbundi
5491 6288

Libraries

Sunshine Coast Regional Council Libraries provide a range of events, activities and school holiday programs.

Berwah	5494 0221
Caloundra	5491 1255
Coolum	5446 3122
Kawana	5444 8022
Kenilworth	5446 0101
Maleny	5429 6222
Maroochydore	5475 8900
Nambour	5441 8332
Noosa	5442 4411

Mobile Libraries

Three mobile libraries service the Sunshine Coast.
5475 8900

School Free Zone

Quickly find out about the latest holiday activities and other services provided including; toy library, kids news, story telling, online homework tutor and kids catalogue.
www.kidsatsunshinecoastlibraries.wetpaint.com

Local History

Explore local histories, place name origins, Indigenous and oral histories within the 'heritage' section of the Sunshine Coast Libraries website.
www.library.sunshinecoast.qld.gov.au

For further information, visit:
www.library.sunshinecoast.qld.gov.au

Council Services contd.

Heart Foundation Walking

A great way to enjoy the local area, the benefits of fresh air and physical activity. Heart Foundation Walking is funded by the Queensland Government to get more Queenslanders active. There are walks in a number of areas across the Sunshine Coast, each week.

1300 362 787

For more information visit:

<http://www.heartfoundation.org.au/sites/walking/Pages/default.aspx>

Travelsmart Information

A Travelsmart Program operates in Noosa. Strategies have been developed that offer transport options as alternatives to car travel. Walking, cycling, scooters and public transport are all encouraged.

www.travelsmartnoosa.com.au

Cultural and Community Facilities

Locate swimming pools and leisure centres, art galleries, museums, cultural, entertainment and community centres.

www.sunshinecoast.qld.gov.au

Respite Centre

Noosa Day Respite Centre assists frail elderly people and young people with disabilities to enhance their independence. Provides maintenance and support services to assist eligible clients to remain living in the community.

5449 0931



Other Useful Contacts

Community Information Service

www.sunshinecoastcis.qld.gov.au

The Community Information Service is an initiative of the Sunshine Coast Regional Council. It provides information on community organisations, including services, events, activities and publications provided across the Sunshine Coast region.

My Sunshine Coast

www.mysunshinecoast.com.au

My Sunshine Coast is a useful website listing almost anything you need to know about businesses, community groups, community issues and community events across the Sunshine Coast.

What's Happening

www.whatshappening.com.au

What's Happening is a locally run website with up to the minute info on what events are happening in your area. From cinema times, to community events, to local gatherings, to exhibitions, to market days, to ... the list goes on! If you are new to the Coast and want to engage in an activity or event - take a look here!

Useful State Government Department Contacts (Local Offices)

Education QLD	5470 8900	www.education.qld.gov.au
QLD Housing	5475 9700	www.housing.qld.gov.au
Dept of Communities	5459 8600	www.communities.qld.gov.au
Dept of Child Safety	5420 9090	www.childsafety.qld.gov.au
Qld Transport	132 380	www.transport.qld.gov.au

Centrelink

www.centrelink.gov.au

Australian Government provider of support services and payments to assist people in need.

Caloundra, Kawana, Maroochydoore and Nambour Offices.

131 021





Changing Places

Assisting newly relocated families with young children in the Caloundra and Maroochy Coastal and Hinterland areas to better access information, support, services and resources.

Changing Places supports families with young children through;

Providing information

Individual support, to link families to local services and resources

Personal development opportunities

Community events and activities for parents and children

For more information contact;

Changing Places

Community Solutions

PO Box 631 Buddina Q 4575

5437 9499

www.communitysolutions.org.au



Community Solutions

Funded by the Australian Government Department of Families,
Housing, Community Services and Indigenous Affairs

Sunshine Coast
Regional Council

Supported by Sunshine Coast Regional Council